

## **Romsey Methodist Church – Joining Instructions**

### **Activity: Tiddlywinks New Mums Support Group**

#### **Information included on the Eventbrite booking system**

Due to covid restrictions please bring your own toys, changing mat and play mat. The room is set up following social distancing rules. You will need to wear a facemask when you arrive and when you are not sat at your table.

You must book to attend. We will be following the guidance of support groups for new parents meeting in with a maximum of 15 people.

If you or your baby are unwell on the day or you have had a sleepless night we will look forward to seeing you at a different session.

#### **Information on the confirmation email**

Please ensure you follow the instructions in the document General Safety requirements in relation to Covid-19 when attending the church building.

Please wear a face covering when entering and leaving the building and when not at your table. Please use the hand sanitiser as you enter and keep your buggy with you at your table. Please bring your own toys, changing mat and play mat. You can use the baby change facilities with your own changing mat. Please take soiled nappies home.

The room will be set up to follow social distancing. Please don't move tables or chairs from their positions.

A Team Member will take your order and refreshments will be served to you. Please leave used cups on the table when you leave.

If you have any virus symptoms, please don't attend. Government guidance suggests you change and wash your clothes when you get home. If at anytime you feel unwell or need help please let a Team Member know.

We hope you enjoy your visit and we look forward to seeing you again.

For the Wednesday session with moving babies:

If you need to get close to another adult to retrieve your baby, please put your face covering back on.